



Dear Kawaga Parents,

In our continuing effort to improve camp and camper safety, we are working with a company called **KIDSMEDPACKS** this summer to assist us with packaging medication at camp. As you are likely aware, the use of medications has increased exponentially over the years to the point where over one-half of our campers are using some form of prescription medication. Using KIDSMEDPACKS method of dispensing medication during the summer minimizes potential medical errors, ensuring every camper receives the correct medication and dosage at the appropriate time. It also allows your son to return to their camp activities sooner because administering prepackaged and organized medications reduces waiting time. Also, our nurses will have more time to devote to our campers' other health needs.

Starting this summer **ALL** medications that your child needs, *excluding Accutane and injectibles such as insulin, epipens and growth hormone*, will be packaged by kidsMEDPACKS' licensed pharmacy and shipped to camp **before your camper arrives**. kidsMEDPACKS is a proven, pre-packaged medication system founded by a board certified, practicing pediatrician. This program ensures that our nurses dispense the proper medications at the correct time of day, and that **all** medications are received at camp prior to your child's arrival allowing us time to organize and prepare for their medication needs. With so many campers taking medication during the camp season, we are confident that this is the safest, most reliable and efficient way to dispense camper medications.

KIDSMEDPACKS will fill:

- o Prescription medications in pill form (daily or "as needed")
- o Prescription medications in liquid form (daily or "as needed")
- o Prescription inhalers, ointments, nose sprays and eye drops
- o OTC items such as vitamins and nutritional supplements and allergy medications (daily or "as needed")

Medications in pill form will be packaged so that all medications taken at a given time are in one packet. The packets are labeled and placed on a dispensing roll in chronological order to ensure that every camper receives the correct medication at the correct time of day. These secure packets are also portable for day and overnight trips. Medications not in pill form will be packaged appropriately. Our camp health facility will continue to stock typical over-the-counter medications such as Tylenol and Benadryl.

There is a one-time \$50 registration fee for the entire summer. This fee covers the cost of packaging, handling, and shipping all of your child's medications directly to camp provided all requested materials are submitted by the registration deadline. Refills will be monitored and maintained by the pharmacy and sent when due at no additional packaging or shipping charge. Medications to be given "as needed" will be filled once during the summer and a refill sent only if needed. Prescription costs are billed through your insurance carrier and you are responsible for any co-pays or charges not covered by insurance.

**FOR EVERY CAMPER TAKING ANY FORM OF
PRESCRIPTION MEDICATIONS**

Important Registration Deadline Date

You **MUST** register your child online at www.KIDSMEDPACKS.com and send all required materials to them by the following dates to avoid any late charges and to ensure your son receives his medication timely:

- **1st Session and Full Summer Camper Deadline Date - May 22, 2009**
- **2nd Session Only Camper Deadline Date - June 20, 2009**

We have included a list of frequently asked questions and answers in your Packet. Please review the FAQ sheet as it will likely help with any questions or concerns you may have.

Thank you for following our camp health center procedures and helping us achieve our primary goal: the health, well-being, and safety of your child. Should you wish to speak with kidsMEDPACKS, please send an email to info@kidsmedpacks.com or call toll-free at 1-866-585-8746. Alternatively, if you wish to speak to us, you can email or call us as always. However, please understand most questions regarding kidsmedpacks will ultimately have you directed back to them to have your questions fully and properly answered.

Sincerely,

Matt and Karen Abrams

Frequently Asked Questions about KIDSMEDPACKS

Will kidsMEDPACKS fill all of my child's medications?

Yes. kidsMEDPACKS will pre-package all medications in *pill form*, including vitamins. kidsMEDPACKS can also fill liquids, ointments and inhalers. ***The only exceptions are accutane and injectables such as insulin, epipens, and growth hormone.*** . Please refer to your camp letter to determine which medications must be processed through KIDSMEDPACKS.

My child's prescription is for half a pill, will it be dispensed that way?

Yes. The pharmacy can pre-package ½ a pill. Prescriptions will be filled “as written”; therefore it is important that you check that your original prescriptions clearly state the correct dispensing instructions.

What if my child's medications are usually refilled during the summer?

Prescriptions with refills will be maintained by the pharmacy and they will be sent before they are due.

Will kidsMEDPACKS accept my insurance plan?

Yes. Our pharmacy accepts most insurance plans **If the pharmacy does not accept your insurance or is unable to obtain pre-authorization, then kidsMEDPACKS will notify you.** You will be responsible only for co-payments, deductibles and any over-the-counter requests not covered by insurance.

I have a 90-day prescription plan; will kidsMEDPACKS be able to fill my child's prescriptions?

The pharmacy can only dispense a 30-day supply of medications at a time. If you have a 90-day prescription plan, please do the following:

1. Count the number of days your camper will need medications at home before camp and request only that number of days be filled for home use.
2. Call your insurance plan to notify them that your camper will need medication dispensed by the kidsMEDPACKS pharmacy and request a “summer/vacation override”.

This will help to ensure that your camper's medications will be covered by your plan, excluding any co-pay you would normally be responsible for.

What if I need to fill a prescription for my child *before* camp starts?

You may refill your child's medications anytime before camp, if necessary. In order to help ensure that medications for camp will be covered by your insurance plan, request **only the amount of medication you need at home** before your camper leaves. If it is within 2 weeks of your camper's start date, **you must obtain a vacation override from your insurance plan.** The pharmacy will not bill your insurance until camp commences in order to avoid conflicting with your insurance billing cycle.

How are “as needed” medications packaged?

kidsMEDPACKS will prepack “as needed” medications separately from those medications taken daily. Your child will go to the nurse for these medications when he/she needs them and they will be refilled only if necessary. Any unused medications will be sent home at the end of the summer.

What times are medications dispensed at camp?

Medications are typically dispensed at meal times and bedtime.

Any exceptions **MUST** be clearly written on the prescription by your doctor and indicated on the Medication Request Form. If a prescription is written “to be given daily” or “1x/day” it will always be dispensed at breakfast.

What if my child takes a controlled medication such as Adderall or Concerta?

An *original prescription* must be sent to the pharmacy for all controlled medications. By law, kidsMEDPACKS' pharmacy cannot accept a verbal order or fax for these medications from your doctor. For campers staying for more than 30 days, you must provide kidsMEDPACKS with **two** prescriptions. Please provide your physician with the "Letter to Doctor" located on our website which will explain how prescriptions for controlled medications should be provided.

My child takes an over-the-counter multi-vitamin, do I need to use kidsMEDPACKS?

Yes. All multivitamins and nutritional supplements taken daily, prescription or non-prescription, must be dispensed by kidsMEDPACKS.

What if kidsMEDPACKS doesn't stock the brand of vitamins my child takes?

Our pharmacy carries most vitamins, specialty vitamins and nutritional supplements. Please visit this link at www.kidsmedpacks.com to view the brands we supply. If the pharmacy does not stock a particular brand, please contact us to discuss.

What if my child takes lactaid pills at meals?

Lactaid pills *do not* need to be prepackaged with kidsMEDPACKS. Camps stock this and they are kept in the Dining Hall.

When do I need to register with kidsMEDPACKS?

You must register by the deadline date noted in your camp's letter and on our website under the parent's section. Any information received **AFTER** our deadline date will delay our ability to process your order on time and will be subject to a late fee

What if my child is placed on a prescription or non-prescription daily medication *after* the deadline date to register and submit prescriptions has passed?

KidsMEDPACKS will accept late registrations. We understand that late medication changes do occur and kidsMEDPACKS will be able to process your order. You will be required to send 10 days of medications to camp as back up and a late fee will apply.

Can you fill requests from International and Canadian campers?

No. Unfortunately, kidsMEDPACKS can only accept prescriptions from licensed U.S. doctors. However, we can fill requests for any over-the-counter items such as vitamins, Zyrtec and Claritin. Please contact us at info@kidsmedpacks.com for more information.

How much does kidsMEDPACKS cost?

The registration fee for the entire summer is \$50 per camper. This includes the cost of packaging and shipping all of your child's medications directly to camp.

When will the pharmacy bill me for my camper's medications?

Our partner pharmacy will not bill you until camp commences. You may not receive a charge on your credit card until **AFTER** your camper returns home. Please notify us if your credit card information changes during the summer.

I have a question about kidsMEDPACKS, who do I call?

Contact Dr. Debby Tesler at KIDSMEDPACKS at info@kidsmedpacks.com or toll-free at 1-866-585-8746.